

# ISLAND REC

San Juan Island Park and Recreation District



**SUMMER RECREATION PROGRAM GUIDE  
JUNE THROUGH AUGUST 2021**

**REGISTER ONLINE AT [WWW.ISLANDREC.ORG](http://WWW.ISLANDREC.ORG) BEGINNING MAY 17**





# Letter from our Director

*First, and foremost, we know there has been a lot of change and uncertainty this year and want to thank you for your patience and continued support. Inside this guide are a variety of summer programs for all ages that align with the Washington State Department of Health 'Roadmap to Recovery'.*

Our summer programs will look a bit different this year, but we truly cannot wait to see you! Our top priority is to meet the health and safety needs of our participants, campers, and staff and to provide a positive and fun experience for all, in accordance with specific guidelines at the local and state levels. Please read below for some of the changes we will be implementing. One thing you can count on staying the same is our commitment to safety, learning and fun!

**Small group sizes:** We will keep all program and group sizes small in accordance with the current phased approach. Additionally, community events will follow current recommendations on allowable group sizes.

**Limited shared equipment:** We will do our best to limit the sharing of equipment within our programs. Any shared equipment will be properly sanitized between uses.

**Promoting physical distancing:** Program participants will be encouraged to remain 6 feet from each other during camps, programs and events. Many games and activities within our programs have been modified to still allow maximum fun, but appropriate spacing between participants.

**Increased cleaning, handwashing, and sanitizing:** Island Rec staff are committed to working hard to make sure every surface, restroom and program supply is safe for program participants to use. We will encourage participants to increase their awareness of personal hygiene and cleaning protocols.

**Masks: Yes!** All participants ages 2+ are required to wear facial coverings when not eating or drinking in our programs. Our staff will be wearing facial coverings when you see us, but don't worry, we are still smiling!

We are also pleased to announce that this year only, we will be offering our programs at a discounted cost. Because we were able to lower our costs quickly last year, we were able to save money and we are passing that savings on to you. If you find that you need additional support financially, please visit our website [www.islandrec.org](http://www.islandrec.org) to complete a scholarship application.

This past year our Island Rec parks have seen a record number of people using the facilities. We are so grateful that these spaces have been able to provide some much-needed recreation options for the community. We understand the mental wellbeing that parks and open spaces provide to our community, and the increase in quality of life that they bring.

The Island Rec staff are committed to creating a fun and safe summer and we are beyond thrilled to be able to bring so many of our beloved programs back to the community this summer. If we need to make changes to our programs those will be updated on our website in a timely manner. As always, if you have any questions or concerns, we are happy to help.

*Thank you,  
Maddie Ovenell, Director*

## Island Rec

San Juan Island Park & Recreation District

[www.islandrec.org](http://www.islandrec.org)

360-378-4953

580 Guard Street • PO Box 1946

Friday Harbor, WA 98250

Office currently closed to the public,  
please call or email.

### COMMISSIONERS

Bill Cumming

Adam Eltinge

Shannon Miniken

Scott Zehner

**CHAIR:** Allison Moalli

### DIRECTOR

Maddie Ovenell, [play@islandrec.org](mailto:play@islandrec.org)

### RECREATION MANAGER

Morgan Johnston, [morgan@islandrec.org](mailto:morgan@islandrec.org)

### ADMINISTRATIVE ASSISTANT

Heidi White, [admin@islandrec.org](mailto:admin@islandrec.org)

### PARK MAINTENANCE

Superintendent:

Tracy Roberson, [tracy@islandrec.org](mailto:tracy@islandrec.org)

Lead: Mike Erickson, [mike@islandrec.org](mailto:mike@islandrec.org)

Team: Doug Archuleta, [doug@islandrec.org](mailto:doug@islandrec.org)





**17 May**  
**7:00am** [www.islandrec.org](http://www.islandrec.org)  
Registration opens online for all summer programs!

## Scholarships are available

If you need financial assistance to participate in Island Rec programs, please apply for a scholarship!

Island Rec offers scholarships in the form of reduced rates for income-eligible San Juan Island Residents.

### APPLY ONLINE

Apply online *before* registering for programs. Please allow two business days to process your application.

### FANS FUND

If your income exceeds eligibility requirements for Island Rec's scholarship program, but you still need financial assistance, please contact us! Limited additional scholarships are available through the generosity of the FANS Fund, which is supported by Families & Neighbors Support Island Rec.



[www.islandrec.org/scholarships](http://www.islandrec.org/scholarships)





## Photographs

Island Rec reserves the right to photograph program participants for publicity purposes. Please note that these photos are for Island Rec's use only and may be used in future program guides, web pages, flyers, visual presentations and the like. Please notify Island Rec's Director if you do not want photos of you or anyone in your family used for these purposes.

# Special Events

## Friday Harbor 8.8K Loop Run All Ages

42 years running! Be part of this Island tradition. The race begins at 9:00am on Spring Street, goes through town on Warbass to Turn Point, to Pear Point to Argyle and ends at the County Fair. A fun run/walk for all ages! The first 100 registrants receive a commemorative t-shirt and finisher medal. Awards ceremony at 11am following the race with ribbons awarded for first three places in 5-year age categories. Race proceeds benefit program scholarship funds at Island Rec.

- **Day Before Race August 20:** Pick up your Race # and t-shirt at the Island Rec office between 11am-5pm
- **Day of Race August 21, 8-8:45am:** Pick up your Race # at Wells Fargo Bank, located at the roundabout on Spring St. Day-of registrations will also be accepted. **Race starts at 9am!**

**Fees:** 12 and under \$20; Ages 13+ \$25 until July 31. Additional \$5 thereafter.  
Wells Fargo Parking Lot 9am Start, Aug 21 Sat

## Art in the Park with Alchemy Art Center All Ages

Join Alchemy Art Center and guest artists for fun and FREE community art days in John O. Linde Community Park! Professional artists will lead an exciting roster of activities including indigo dying, sunprints, clay planters, funny faces, printing on t-shirts, and more. Due to safety precautions, space will be limited- register in advance to save your spot!

Each Sunday will have TWO timeslots offered to choose from:  
12:00-1:30pm, and 2:00-3:30pm. **FREE, but pre-registration is required!**

- Sunday June 6 – Making Clay Planters
- Sunday June 13 – Printing on T-shirts
- Sunday July 11 – Monotype Printing
- Sunday July 18 – Indigo/Shibori Dyeing
- Sunday August 8 – Silly Faces in Clay
- Sunday August 15 – Sun Printing on Paper & Fabric
- Sunday August 29 – Ceramic Charms & Jewelry
- Sunday September 5 – Hand Printed Cards



## Tie Dyeing at the Farmers Market All Ages

Island Rec will be joining in on the festivities at the SJI Farmers Market this summer. Find us on the stage at the Brickworks plaza for a tie-dyeing extravaganza. Shirts will be for sale or bring your own item for dyeing!

Saturday June 12 - 9:30am-1pm, **FREE!**

## Clue in the Park All Ages

Someone has stolen Joe Friday! Help us find out who did it, where they hid him, and how they stole him! Clues will be hidden in Island Rec's five parks: Eddie & Friends Dog Park, Lafarge Gravel Pit, Family Park, Skate Park, & John O. Linde Community Park. Look high and low for the clues. When you find a clue, check it off your clue list. When you have one remaining in each category, you've solved the mystery! Register for this fun FREE week-long hunt by emailing [morgan@islandrec.org](mailto:morgan@islandrec.org). Clue list will be available the week prior to the event.

August 16-20, **FREE!**



# Dragonfly Preschool Camps

These camps for children ages 3-5 will explore all kinds of fun themes related to your little one's interests through outdoor play, arts and crafts activities, and story time. We will foster the natural sense of wonder and imagination in your child while nurturing and guiding their experience observing, exploring, investigating, and learning.

Scholarships are available!

• All camps will be held at Jim Crook Textiles Building at the Fairgrounds •

## Dragonfly Preschool Camp: Water Ages 3-5

From shallow tide pools teeming with colorful life to the depths of the ocean where the beloved whales live, this week will focus on all things water! Dive into this week with wonder and a wild appreciation for water play and activities. Children must be potty trained to attend.

PCW-s21 • Early Fee: \$95 expires June 17, \$105 thereafter  
8:30am-Noon, June 28-July 2

M-F

## Dragonfly Preschool Camp: Sky Ages 3-5

This week we will be exploring the sky, including things with wings like weather, outer space, planes and kites! This week is designed to inspire your child's interest in things that fly and things beyond our atmosphere! Children must be potty trained to attend.

PCS-s21 • Early Fee: \$95 expires June 24, \$105 thereafter  
8:30am-Noon, July 5-9

M-F

## Dragonfly Preschool Camp: Land Ages 3-5

This week we'll be exploring themes like Who lives in the forest? Where does our food come from? And, how do kids play in other parts of the world? From planting seeds to rock and mineral investigation, this week is full of activities to help establish a sense of place here on the island and offer a greater grasp of this great big world. Children must be potty trained to attend.

PCL-s21 • Early Fee: \$95 expires July 1, \$105 thereafter  
8:30am-Noon, July 12-16

M-F

## Dragonfly Preschool Camp: Animals Ages 3-5

Explore the world of animals! We will take a closer look at creepy crawly bugs, under the deep blue sea, habitats of all sorts, winged creatures, and animals around us on the islands. Take a journey through the jungles, oceans, forests and more during a week of wild fun! Children must be potty trained to attend.

PCA-s21 • Early Fee: \$95 expires July 8, \$105 thereafter  
8:30am-Noon, July 19-23

M-F

## Dragonfly Preschool Camp: Build It Ages 3-5

Build your way through 5 days of fun! Whether it's construction, Legos, bird houses or real houses, we'll figure out what it takes to build it and make it happen. If you've got a little builder at home, they'll love this week and we look forward to seeing them! Children must be potty trained to attend.

PCB-s21 • Early Fee: \$95 expires July 15, \$105 thereafter  
8:30am-Noon, July 26-30

M-F





# Camp Eagle Rock Day Camp



*Camp Eagle Rock has been Island Rec's flagship summer day camp for K-5th graders for over 20 years.*

This is a fun, summer day camp designed to provide a safe, nurturing environment that promotes building new friendships and learning new skills through adventure and exploration. Camp is based at FHES, and includes walking field trips to playgrounds, parks and other community venues within walking distance of the school. Weekly programs consist of arts, crafts, games, sports, field trips, and creative play. Camp will operate in accordance with the health and safety guidance for day camps from the Washington State Department of Health. Our staff is very excited to have FUN this summer with your child! Campers must have completed kindergarten to be eligible to attend. Youth who have just completed 5th grade are also eligible to attend.

## **Ages 6-11 • Scholarships Available!**

- Weekly rate: 9:00am-3:00pm \$100
- All 7 weeks: 9:00am-3:00pm \$638

FH Elementary School

June 28 - Aug 13

M-F

## **Week 1 June 28-July 2: San Juan-derers**

Summer is here! Kick off this season with adventure on beautiful San Juan Island. Have lots of fun meeting new friends while exploring the island. We'll get to know each other through a variety of fun and exciting games, crafts, and more!

## **Week 2 July 5-9: Star-Studded**

4th of July is the celebration of our nation's independence. During this week we will play games, create crafts, and go on adventures that help re-create the founding of our great country! Dress up in red, white, and blue to help celebrate America!

## **Week 3 July 12-16: Survivor Week**

Don't miss this week of action-packed fun and adventure! Counselors and campers team up to face challenges together while learning basic survival techniques in the outdoors. Build a shelter, conquer obstacles, solve puzzles, and take a treasure hunt.

## **Week 4 July 19-23: Make a Splash**

Summer is heating up and it's time to cool down! Have a blast during this week of water-based action. We'll build sandcastles at the beach, run through sprinklers, take a trip down the slip and slide and have H2O arts & crafts inspired by our wonderful Salish Sea. We'll take field trips to explore the shore and learn about plants and animals that make their home under the waves.

## **Week 5 July 26-30: Wide World of Sports**

Ready, set, play! Join us for an active week experiencing a variety of sports and games. We'll hit the skate park, serve up smiles on the tennis court, and try different activities like orienteering, yoga, and more. Focus is on friends, teamwork, and fun!

## **Week 6 August 2-6: We've Got Spirit**

Show your enthusiasm throughout the week by dressing up on theme days and thinking outside-the-box. Let's see your silliest socks, your craziest hat, and the most creative looking outfit. We are going to let loose and enjoy this outside-the-box week at camp. Campers are going to build crazy contraptions, play games that not only get the heart pumping, but get the brain thinking.

## **Week 7 August 9-13: Get Messy**

This week we're going renegade with everything hand-made, and we'll be showing off our skills and talents! Are you artsy, crafty, a Lego champion, an inventor, or a top chef? Do you love making up wild games, creating weird worlds, and inventing brand new dance routines? Put your creativity to the test and learn fun new skills in this week full of friendly competition, talent shows, art exhibitions, parades, and all things Do-It-Yourself!



# British Soccer

Bring plenty of water, sunscreen and shin guards (not required).

## British Soccer Minisoccer Ages 3-5

A unique way to learn the fundamentals of the game: fun games, competitions and challenging skill-building activities will captivate and enlighten the youngest players. A magical soccer experience! Cleats and shin guards are recommended but not required.

Early Fee: \$109 expires July 8, \$119 thereafter  
BMS3-s21 9-10:30am, July 19-23 M-F  
BMS4-s21 10:40am-12:10pm, July 19-23 M-F  
John O. Linde Community Park

## British Soccer Half Day Development Camp Ages 6-14

Each day the coaches will take the players through a progressive series of skill building practices from unopposed, to opposed, game related and finally into a game. Techniques covered throughout the week: Soccer ABC - Players will improve their Agility, Balance and Coordination. Dribbling - improve the ability to change direction and move at speed. Moves - master more than 20 different ways to turn and fake opponents. Passing - improve power and placement with each foot. Heading - learn how to safely and confidently head the ball. Tackling/Defending - improve your tackling skills and learn how to defend. Cleats and shin guards are recommended but not required.

Early Fee: \$142 expires July 8, \$152 thereafter  
BHDY1-s21 9am-Noon, July 19-23 M-F  
BHDT2-s21 12:30-3:30pm, July 19-23 M-F  
John O. Linde Community Park



*British Soccer Camps provide players of all ages and abilities with the rare opportunity to receive high-level soccer coaching from a team of international experts.*

Each day includes individual foot skills, technical drills, tactical practices, small-sided games, coached scrimmages, and a daily tournament. Equally important, the Challenger coaching staff provides your child with lessons in respect, responsibility, integrity, sportsmanship, and leadership. Camp includes a free ball and t-shirt.







**Facebook**

For photos, videos and updates like us at [facebook.com/islandrec](https://facebook.com/islandrec)



**Instagram**

Take pictures at Island Rec programs and events, and share them on Instagram. Tag us @islandrec and use #sjislandrec.

## Instructors Needed!

Do you have a special skill or interest that others might enjoy learning?

Island Rec is interested in expanding its enrichment classes. Call Island Rec or go online to [www.islandrec.org](http://www.islandrec.org) for a Program Proposal Application.

# Swimming Lessons

All classes are held at SJI Fitness and are subsidized in part by FANS - Families and Neighbors Support Island Rec!

## Swimming Parent & Child Ages 6mos -3 yrs

Parent and young child will learn new ways of being in the water together. With instruction and cues from the teacher, parents help their child learn pre-swimming skills and of course that ever-important love of being in the water. The last portion of the class will be free play to have fun reviewing the lessons. Please note: room permits just one parent to accompany their child in the water. Swim diapers required for all kids not potty trained.

SPC1-s21 • 10-10:30am, June 21-25

M-F

SPC2-s21 • 10-10:30am, July 5-9

M-F

SPC3-s21 • 10-10:30am, July 19-23

M-F

SPC4-s21 • 10-10:30am, Aug 2-6

M-F

Early Fee: \$50, \$55 after early fee expires (varies by session)

## Swimming Beginner Skills Ages 4-6

Classes are held in the Big Pool. Required skills: a willingness to listen and follow directions. Skills Taught: Front and back floats and glides, breath control, flutter kick, basic arm strokes and changing positions.

SBS1-s21 • 9-9:45am, June 21-25

M-F

SBS2-s21 • 3:30-4:15pm, July 5-9

M-F

SBS3-s21 • 3:30-4:15pm, July 19-23

M-F

SBS4-s21 • 3:30-4:15pm, Aug 2-6

M-F

Early Fee: \$50, \$55 after early fee expires (varies by session)

## Swimming Intermediate Ages 7+

Skills Required: Participant must be able to back float, front float with face in water, swim width of pool and roll from front to back. Must have passed Beginner Swimming Class to register for Intermediate. Skills Taught: Underwater swimming, front stroke with rhythmic breathing, elementary backstroke and treading water.

SIS1-s21 • 4:15-5pm, July 19-23

M-F

SIS2-s21 • 4:15-5pm, Aug 2-6

M-F

Early Fee: \$50, \$55 after early fee expires (varies by session)

## Swimming Float School Ages 7-12

Skills required: Comfortable with their face in the water, as well as be able to swim the width of the pool. A willingness to listen, follow directions and be comfortable in the big pool. Skills taught: Treading, deep water comfort, putting on a life jacket in the water, floating, jumping into water over their head. Participants take a float test that, if passed, allows eligibility in Island Rec Sailing Classes.

SFS1-s21 • 10:45-11:30am, June 21-25

M-F

Early Fee: \$50 expires June 10, \$55 thereafter

## All Swim Ages 7+

All Swim is for children wanting time in the pool for instruction, practice and play. The only prerequisite is a desire to become a better swimmer. The first day includes time for water play and a semi-private lesson to determine what they already know and what their next challenge should be. We'll set individual goals and work (and play) to reach them, learn water safety skills and find ways swimming fits into a healthy, active lifestyle.

SAL-s21 • 4:15-5pm, July 5-9

M-F

Early Fee: \$50 expires June 24, \$55 thereafter



# Youth & Teen

## Art Camp – Painting w/Lizzy Ages 4-10

Learn Painting fundamentals, being comfortable with the brush, and how to apply that to painting on different materials. Camp will be outdoors at John O. Linde Community Park.

Ages 4-6: • 9-10am, June 21-25 M-F

Early Fee: \$51 expires June 10, \$56 thereafter

Ages 4-6: • 9-10am, Aug 9-13 M-F

Early Fee: \$51 expires July 29, \$56 thereafter

Ages 7-10: • 10:30am-12:30pm, June 21-25 M-F

Early Fee: \$56 expires June 10, \$61 thereafter

Ages 7-10: • 10:30am-12:30pm, Aug 9-13 M-F

Early Fee: \$56 expires July 29, \$61 thereafter



## Basketball Camp w/Collin Ages 6-14

This fun, skill-intensive program is designed for beginning to intermediate players. The camp will focus on technical skills, teamwork and responsibility.

Ages 11-14 • Early Fee: \$60 expires June 10, \$65 thereafter  
Turnbull Gym 5-7pm, June 21-25 M-F

Ages 6-10 • Early Fee: \$42 expires July 1, \$47 thereafter  
Turnbull Gym 5-6pm, July 12-16 M-F

## Lunch on Turn Island: Outrigger Canoe Ages 10-14

Hui Wa'a, San Juan Island's outrigger canoe and kayak club, is offering a summer of fun in the big boats for our island community. Join former Olympic kayaker David Halpern and 14-year club leader Jose Domenech to explore the waters around our island in 6-person outrigger canoes! Bring your lunch and a sense of adventure for a paddle to nearby Turn Island. Boats will be guided by an experienced steersperson. Learn basic water safety skills, get a little exercise and adventure with friends . . . all with the Hawaiian 'ohana' welcome. No prior experience necessary. Bring your own life jacket if you have one. If not, one will be provided.

July 24 • Early Fee: \$28 expires July 8, \$33 thereafter  
Jensen's Shipyard 11am-2pm Sat

Aug 7 • Early Fee: \$28 expires July 22, \$33 thereafter  
Jensen's Shipyard 11am-2pm Sat



## Transportation Engineering w/Lego Materials Ages 5-7

Break the sound barrier on a supersonic jet, deliver cargo by train, and explore a swamp in your airboat! Build and create different modes of transportation out of more than 20,000 pieces of LEGO®, all while learning about the engineering concepts that make vehicles and vessels work.

LEG1-s21 • Early Fee: \$161 expires Aug 12, \$171 thereafter  
FHES STEM Bldg 9am-Noon, Aug 23-27 M-F



## Transportation Master Engineering w/Lego Materials Ages 7-11

Take a double decker bus ride through London, pilot a hovercraft over land and sea, and make important deliveries in a cargo plane. Learn about STEM concepts as we explore the various ways that we transport goods and people from place to place.

LEG2-s21 • Early Fee: \$161 expires Aug 12, \$171 thereafter  
FHES STEM Bldg 1-4pm, Aug 23-27 M-F

580 Guard Street  
360-378-4953

Email us:  
[admin@islandrec.org](mailto:admin@islandrec.org)

Visit us online:  
[www.islandrec.org](http://www.islandrec.org)



# Summer Youth Calendar

Preschool									
June 21- 25	June 28-July 2	July 5-9	July 12-16	July 19-23	July 26-30	Aug 2-6	August 9-13	August 16-20	August 23-27
Dragonfly Camp: Water Ages 3-5	Dragonfly Camp: Sky Ages 3-5	Dragonfly Camp: Land Ages 3-5	Dragonfly Camp: Animals Ages 3-5	Dragonfly Camp: Mini Soccer Ages 3-5	Dragonfly Camp: Build It Ages 3-5	Swimming Parent & Child Lessons	Art Camp w/ Lizzy		
Swimming Parent & Child Lessons	Swimming Parent & Child Lessons			Swimming Parent & Child Lessons					
Youth									
June 21- 25	June 28-July 2	July 5-9	July 12-16	July 19-23	July 26-30	Aug 2-6	August 9-13	August 16-20	August 23-27
Swimming Beginner Lessons	Camp Eagle Rock	Camp Eagle Rock	Camp Eagle Rock	Camp Eagle Rock	Camp Eagle Rock	Camp Eagle Rock	Camp Eagle Rock		Lego Camp: Transportation
Swimming Float School Lessons	Sailing Intro Ages 8-10	Sailing Basic Ages 9+	Sailing Basic Ages 9+	Sailing Basic Ages 9+	Sailing Intermediate Ages 10+	Swimming Beginner Lessons	Art Camp w/ Lizzy		
Art Camp with Lizzy	Sailing Basic Ages 9+	Sailing Intro Ages 8-10	Sailing Intermediate Ages 10+	British Soccer: Half Day		Swimming Intermediate Lessons			
		Swimming Beginner Lessons	Basketball Camp with Collin Ages 6-11	Outrigger Canoe, Lunch on Turn Island Ages 10-14		Outrigger Canoe, Lunch on Turn Island Ages 10-14			
		Swimming: All Swim Lessons		Swimming Beginner Lessons					
				Swimming Intermediate Lessons					
Teen									
June 21- 25	June 28-July 2	July 5-9	July 12-16	July 19-23	July 26-30	Aug 2-6	August 9-13	August 16-20	August 23-27
Basketball Camp with Collin	Sailing Basic Ages 9+	Teen Adventure Camp: Frisbee Golf	Sailing Intermediate Ages 10+	Sailing Basic Ages 9+	Sailing Basic Teen & Adult Ages 13+	Outrigger Canoe, Lunch on Turn Island Ages 10-14			Adventure Camp: AquaTeen
			FIRST AID, Ages 15+	British Soccer: Half Day	Teen Adventure Camp: Survivor				
			CPR, Ages 15+	Outrigger Canoe, Lunch on Turn Island Ages 10-14	Sailing Intermediate Ages 10+				
Special Events									
Sun June 6	Sat June 12	Sun June 13	Sun June 11	Sun July 18	Sun Aug 8	Sun Aug 15	Sat Aug 21	Sun Aug 29	Sun Sept 5
Art in the Park w/Alchemy Art Center: Making Clay Planter	Tye-Dyeing at the SJI Farmers Market	Art in the Park w/Alchemy Art Center: Printing on shirts	Art in the Park w/Alchemy Art Center: Monotype Printing	Art in the Park w/Alchemy Art Center: Indigo/Shibori Dyeing	Art in the Park w/Alchemy Art Center: Silly Faces in Clay	Art in the Park w/Alchemy Art Center: Sun Printing on Paper & Fabric	Friday Harbor 8.8k Loop Run	Art in the Park w/Alchemy Art Center: Ceramic Charms & Jewelry	Art in the Park w/Alchemy Art Center: Hand Printed Cards







presents The

# Friday Harbor 8.8k Loop Run

August 21, 2021







# Adventure Camps

## **Adventure Camp: Frisbee Golf & Beaches** Ages 11-15

This three-day adventure camp starts with a day full of Frisbee Golf! The 2nd day we will head out to Mt Finlayson, for some hiking and beach time. The final day we perfect the art of beach games by the sea. A minimum of 7 registrations is required by the early fee deadline.

AC1-s21 • Early Fee: \$106 expires June 24, \$116 thereafter

Meet at the Rec House

9am-3pm, July 6-8

Tu-Th



## **Adventure Camp: Survivor** Ages 11-15

Ready for outdoor fun at its fullest? This three-day adventure camp starts with a day full of Outrigger Canoeing with Hui Wa'a, San Juan Island's outrigger canoe and kayak club! The second and third day we spend hiking and have some great beach time! A minimum of 7 registrations is required by the early fee deadline.

AC2-s21 • Early Fee: \$145 expires July 15, \$155 thereafter

Meet at the Rec House

9am-3pm, July 27-29

Tu-Th

## **Adventure Camp: AquaTeen** Ages 11-15

This three-day adventure camp starts and ends with a day of beach exploring. On the second day we're off on a guided kayaking adventure with San Juan Outfitters! A minimum of 7 registrations is required by the early fee deadline.

AC3-s21 • Early Fee: \$145 expires Aug 12, \$155 thereafter

Meet at the Rec House

9am-3pm, August 24-26

Tu-Th



**Go Take a Hike!**

Check out  
[www.sanjuanislandtrails.org](http://www.sanjuanislandtrails.org)  
 for maps of island trails.



# Sailing

## Sailing Introduction Ages 8-10

Participants will learn basic sailing skills at a slow and comfortable pace. This class is designed to make the young sailor comfortable! Minimum six participants needed by early fee deadline. Float tests are required for students taking their first Island Rec sailing class. Classes held at Percich Pond across from the Lavender Farm.

Early Fee: \$200 expires June 17, \$210 thereafter  
SI2-s21 • 10am-1pm, June 28-July 2

M-F

Early Fee: \$200 expires Jun 24, \$210 thereafter  
SI1-s21 • 10am-1pm, July 5-9

M-F

## Sailing Basic Ages 9+

Participants will learn to rig, tack, jibe, recover from a capsize and other basic skills while sailing solo in El Toros. This class is designed around the Red Cross, Learn to Sail Book (required, \$22 additional). A practical and written test is given at the end of the session. Mastery of all basic skills is required before moving on to the intermediate class. A minimum of six participants is needed by early fee deadline. Classes held at Percich Pond across from the Lavender Farm. Float tests are required for students taking their first Island Rec sailing class.

Early Fee: \$200, \$210 thereafter

SB1-s21 • Early Fee expires June 17

2-5pm, June 28-July 2

M-F

SB2-s21 • Early Fee expires June 24

2-5pm, July 5-9

M-F

SB3-s21 • Early fee expires July 1

10am-1pm, July 12-16

M-F

SB4-s21 • Early fee expires July 8

10am-1pm, July 19-23

M-F

SB5-s21 • Early fee expires July 8

2-5pm, July 19-23

M-F

## Sailing Basic Teen & Adult Ages 13+

SBTA-s21 • Early Fee: \$200 expires July 15, \$210 thereafter  
Percich Pond

2-5pm, July 26-30

M-F

## Sailing Intermediate Ages 10+

This class starts with a three-day skills refresher in El Toros and Lasers at Percich Pond. Then the class moves to Jackson Beach for the last two days to sail in Lasers, saltwater, currents and tides! This class will help improve boat handling skills and learn some racing. Designed around the Red Cross, Learn to Sail book (required, \$22). A practical and written test is given at the end of the session. Mastery of all intermediate skills is required before moving on to the Advanced Sloop Sailing class. It is expected that some participants will need to take this class multiple times before moving on to Advanced. Minimum six participants needed by early fee deadline. Participants must weigh at least 100lbs.

SInt1-s21 • Early Fee: \$220 expires Jul 1, \$230 thereafter

Percich Pond & Jackson Beach 2:30-6pm, July 12-16

M-F

SInt2-s21 • Early Fee: \$220 expires Jul 15, \$230 thereafter

Percich Pond & Jackson Beach 9am-12:30pm, July 26-30

M-F

**Sailing classes are offered cooperatively between San Juan Sailing Foundation and Island Rec.**

Sailing is an activity that can be pursued and enjoyed for a lifetime. The classes are designed to be a progressive series, beginning with the Introduction or Basic class, and progressing to Intermediate. Float Tests are required for all participants taking an Island Rec sailing class for the first time.



# Program Scholarships

Fee discounts are available for income eligible residents.

Check with Island Rec staff before registering.



**Facebook**

For photos, videos and updates like us at [facebook.com/islandrec](https://facebook.com/islandrec)



**Instagram**

Take pictures at Island Rec programs and events, and share them on Instagram. Tag us @islandrec and use #sjislandrec.

## Instructors Needed!

Do you have a special skill or interest that others might enjoy learning?

Island Rec is interested in expanding its enrichment classes. Call Island Rec or go online to [www.islandrec.org](http://www.islandrec.org) for a Program Proposal Application.

## Adult

### **Bootcamp w/Boo Boo** Ages 14+

A complete body workout! Meet Boo Boo in person at John O. Linde Community Park to get your sweat on while enjoying the outdoors! No equipment required. Great for all fitness levels and abilities. Boo Boo will always have modifications at the ready.

BCB-s21 • Early fee: \$37 expires May 27, \$42 thereafter

John O. Linde Community Park 5:30-6:15pm, June 7-July 7 MW

### **Gentle Yoga & De-Stress: on Zoom** Ages 18+

Login from your computer or tablet at home and join yoga teacher Katerina Wen to learn ways to deal with stress and anxiety through movement. This is a great class to help you stretch out your body and maintain health and mobility while staying at home. The class includes step-by-step, easy to follow yoga poses, plus breathing exercises that will take you to a meditative, calming space. Classes are available LIVE on Zoom with Katerina on Tuesdays and Thursdays from 9:30-10:20am, or you can register for the on-demand only option and have access to a library of recorded classes to participate in on your own time. Participants who sign up for the live classes will also receive have access to recorded classes. No equipment necessary – just a computer or tablet!

#### **LIVE on Zoom: Tuesdays/Thursdays**

June 1-29: Early Fee \$52 expires May 27, \$57 thereafter, 9:30-10:20am TuTh

July 1-29: Early Fee \$52 expires June 24, \$57 thereafter, 9:30-10:20am TuTh

*Includes access to library of recorded classes!*

#### **On Demand only (recorded classes – view anytime)**

Access for June, July & August: \$34 each month

*New 50-minute class added each week!*

### **Balance & Stretch: on Zoom** Ages 18+

Balance is important for people of all ages! In this special series, master yoga teacher Katerina Wen teaches balance and stretching for body health, increasing the blood flow of your muscles, and cultivating a sense of equilibrium and confidence. Balance tones the legs, strengthens your feet, ankle and knees. It is also one of the natural ways to firm up the core and your gluteus muscles. Balance is known as the best practice for fall prevention, but it is also a wonder practice for your brain health. When balance is done in an integral way, it stimulates our brain neurons and sensory organs that are responsible for the longevity of our memory and cognitive functions. A smart balance can help to harmonize your mood and upgrade your mental alertness. This class is a great stress relief and will help you calm your mind. Classes are available LIVE on Zoom with Katerina on Fridays from 11-11:45am, or you can register for the on-demand only option and have access to a library of recorded classes to participate in on your own time. Participants who sign up for the live classes will also receive have access to recorded classes. No equipment necessary – just a computer or tablet!

#### **LIVE on Zoom: Fridays**

June 4-25: Early Fee \$36 expires May 27, \$41 thereafter, 11-11:45am F

July 2-30: Early Fee \$43 expires June 24, \$48 thereafter, 11-11:45am F

*Includes access to library of recorded classes!*

#### **On Demand only (recorded classes – view anytime)**

Access for June, July & August: \$34 each month

*New 45-minute class added each week!*



# Adult

## **Gentle Pilates & Movement: On Demand** Ages 16+

Register for this on-demand, online only series with Jacquelyn Reiff, and take classes at home at your own pace when it's convenient for you! These classes are gentle and slow moving with therapeutic influences. Emphasis will be on alignment, breathing, developing a strong core, and improving coordination and balance. This restorative class builds the basics that keep our backs strong and free of chronic pain and tension. Appropriate for all fitness levels and ages. You'll have access to a library of recorded classes to participate in on your own time. A yoga mat is helpful, if you have one handy, otherwise no equipment is necessary – just a computer or tablet!

### **On Demand only (recorded classes – view anytime)**

Access for June, July & August: \$25 each month

*Classes are 50 minutes in length.*

## **Fit and Over 50: On Demand** Ages 50+

Try a safe, heart-healthy exercise class with Jacquelyn Reiff to energize your active lifestyle – from your own home! These pre-recorded, online classes will use easy to follow, low-impact movements. Increase your core and muscular strength while working on balance and stretching. A chair can be used for standing support and exercises can be modified depending on fitness levels. You'll be given access to a fitness library of eight classes for the month. Take classes when you want, and as often as you want! No fitness equipment is necessary – just a computer or tablet!

### **On Demand only (recorded classes – view anytime)**

Access for June / July / August: \$25 each month

*Classes are 50 minutes in length.*

## **First Aid & CPR** Ages 15+

Upon successful completion of these classes you will walk away with life-saving skills and have a certification from the American Heart Association that is valid for two years. These are ideal classes for parents, babysitters, coaches and recreation leaders. Sign up for one or both!

FA-s21 • Early Fee: \$50, expires July 1, \$55 thereafter  
Frank Wilson EMS Building 5-9pm, July 14

Wed

CPR-s21 • Early Fee: \$50, expires July 1, \$55 thereafter  
Frank Wilson EMS Building 5-8pm, July 15

Th

## **Adult Beginner Outrigger Canoe** Ages 16+

Hui Wa'a, San Juan Island's outrigger canoe and kayak club, is offering a summer of fun in the big boats for our island community. Hop in a four or six-person outrigger canoe for a local late afternoon adventure, 'ohana' style. Join former Olympic kayaker David Halpern and 14-year club leader Jose Domenech to explore the waters around our island. They'll teach you the basics of paddling these big boats, reading the currents and tides and most important, how to have fun exploring our scenic shoreline from the water side. Learn basic water safety skills, get a little exercise and adventure with friends . . . all with the Hawaiian 'ohana' welcome. No prior experience necessary – boats will be guided by an experienced steersperson. Bring your own life jacket if you have one. If not, one will be provided. Sign up for one or all four nights!

Each session is from 5-7pm; departs from Jensen's Shipyard

July 7 • Early fee: \$22 expires June 24, \$27 thereafter

July 21 • Early fee: \$22 expires July 8, \$27 thereafter

Aug 4 • Early fee: \$22 expires July 22, \$27 thereafter

Aug 18 • Early fee: \$22 expires Aug 5, \$27 thereafter



## **FANS** funds program scholarships

Families and Neighbors  
Support Island Rec has  
expanded Island Rec's  
scholarship program.

Stop in and talk to  
staff about applying  
for these funds.



**580 Guard Street  
360-378-4953**

**Email us:  
admin@islandrec.org**

**Visit us online:  
www.islandrec.org**

# Island Rec Parks



## **The Fairgrounds Family Park**

Open dawn to dusk daily, featuring a playground and covered shelter area with two picnic tables and a large barbecue. The park is located on Argyle Avenue within the San Juan County Fairgrounds.



## **The Skate Park**

Open dawn to dusk daily. Helmets and pads are recommended. Island Rec asks parents to supervise beginners and small children in the Skate Park and appreciates cooperation between skaters of all ages and abilities. It is located on Argyle Avenue within the San Juan County Fairgrounds.



## **Eddie & Friends Dog Park**

Open daily from 7am to dusk. This two-acre park is a completely fenced off-leash area, with a separate fenced area for small and/or older dogs. The Park is not recommended for small children. There are no restrooms or water on site. Located on Mullis Street between Browne's Home Center and the Fire Department.



## **Lafarge Open Space**

A primitive area that is open dawn to dusk for walking on the graded roadways only. Enjoy scenic views of Griffin Bay and Shipyard Cove on this one-mile loop. The property is located on Pear Point Road, just past Jackson Beach. Please pick up after your dogs and keep them off the slopes - the trees and grasses need all the help they can get to grow! There are no restrooms or water on site.



## **John O. Linde Community Park**

Open dawn to dusk and is located at the end of Carter Avenue. This extensive community project features a playground, one-mile paved walking/running trail, and first-class athletic fields. Dogs must always be on leash. Please call or email Island Rec if you are interested in reserving field space.

### ***Island Rec parks are open!***

Please remember to practice physical distancing. Masks are required when physical distancing is not possible. Report any maintenance issues or concerns to Park Superintendent Tracy Roberson at 360-378-0337 or [tracy@islandrec.org](mailto:tracy@islandrec.org).





# Ten Years of FANS...

## and FANS' mission is more important than ever!

Families and Neighbors Support Island Rec (FANS) began in 2011 when a group of islanders began meeting to discuss how to fill the gap between what Island Rec's levy funding provides and our community's growing parks and recreation needs. **In 10 years, with your support, we have donated over \$100,000 to Island Rec!**

### Your generous donations have helped provide funding for:

- Maintenance and improvements at all Island Rec parks
- New enrichment classes, program equipment, and art programs
- Sponsorship of "Movies in the Park" and "Music on the Lawn"
- Lowering the cost of swimming lessons for over 950 children
- Expanding eligibility for scholarships through FANS Fund Scholarships
- Support of the annual Children's Festival

*This is all made possible by the community's generous support!*

**Which brings us to this year...** if there are any silver linings to this past year, it is being reminded of the importance of getting outside for recreation, the importance of coming together as a community, and ensuring that everyone in the community has access to recreation opportunities regardless of cost. FANS' mission of supporting Island Rec is the most important it has ever been.

### Your contribution to FANS:

- Keeps Island Rec programming affordable for everyone through sponsorship, scholarships, and reduced costs.
- Allows Island Rec to experiment with new programming when there may not be dedicated funding.
- Brings our community together by supporting Island Rec's work—from the Trails Committee to offering virtual programs during this pandemic.

FANS makes it possible for donors to show their support and keep Island Rec thriving! FANS is a 501(c)3 non-profit. Please consider joining our FANS Club (or renewing your membership) at [www.islandrecfans.org](http://www.islandrecfans.org).

### The FANS Board

Amelia Schaefer, President  
David Waldron, Vice President  
David Stegman, Treasurer  
Missy Martin, Secretary  
Lindsey Callahan



amazon smile

## San Juan Island Trails

In 1999, Island Rec created The San Juan Island Trails Committee. Members of Trails are dedicated volunteers who collaborate with existing and potential new trail partners to help maintain existing trails and to encourage new trail development for residents and visitors to San Juan Island. They also assist with trail building, maintenance, and stewardship. Island residents and visitors alike are encouraged to use the SJI Trails website: [www.sanjuanislandtrails.org](http://www.sanjuanislandtrails.org) to find maps of public trails on San Juan Island, which can be enjoyed for walking, hiking, bicycling and horseback riding. If you'd like to get involved, join the Trails email list by sending your name and email address to [info@sanjuanislandtrails.org](mailto:info@sanjuanislandtrails.org).



**[www.sanjuanislandtrails.org](http://www.sanjuanislandtrails.org)**

# Old Military Road Trail

## Spring Update from the OMRT Committee

The Old Military Road Trail (OMRT) committee has been working diligently behind the scenes during the pandemic. We have greatly benefitted from organizational and technical help from the Rivers, Trails and Conservation Assistance program of the National Park Service, and our grant has been extended for another year.

We have completed our ongoing Concept Proposal (we say “ongoing” because it is intentionally designed to be continually updated as new information becomes available). The proposal is now available on our website, [www.oldmilitaryroadtrail.org](http://www.oldmilitaryroadtrail.org) as a PDF. Be patient, it may take some time to download depending on your internet speed.

Our website continues to be updated and now includes:

- A brief video on the Homepage introducing the OMRT concept
- A narrated slideshow video on our Proposed Route page digging deeper into the how and why
- The 2021 Spring Trail Times article featuring Segment 2 of the proposed 8-segment trail (see News & Announcements)

A short movie by filmmaker Michael Noonan and team members is also in the works.

We are excited that upon completion of the new American Camp Visitor Center this year, Segment 1, the first full trail segment of the OMRT, will officially be recognized at its true origin.

Our work with key partners is helping to further develop the proposed route. We are scheduling presentations with community groups and organizations to open the dialogue with the public about the OMRT and receive feedback.

Public participation and support will be major factors in this effort. If you would like to stay up to date on what will become a landmark recreational historic and conservation trail, we invite you to join our mailing list: [www.oldmilitaryroadtrail.org/signup-forms](http://www.oldmilitaryroadtrail.org/signup-forms).

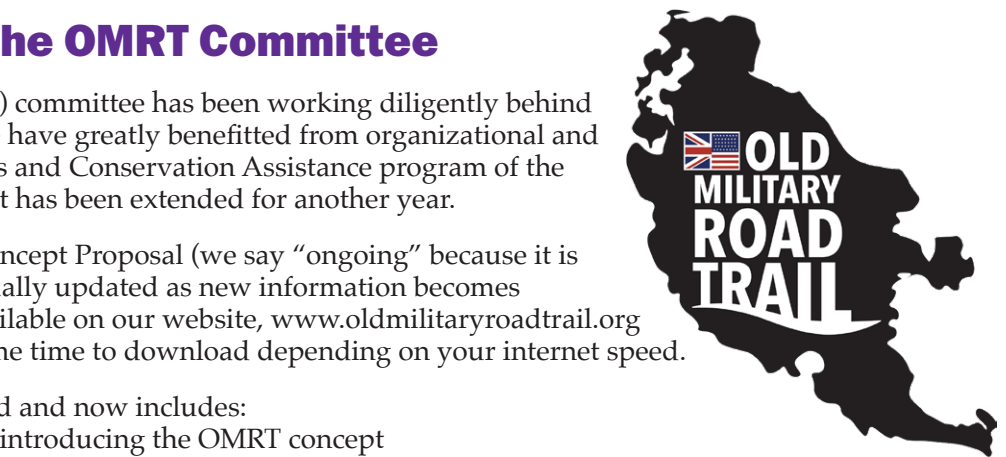
See you out on the trail!

**The Old Military Road Trail Committee**

*“This trail has a story that no other trail can tell.  
Ever. In the whole wide world.”*

*~ a 5th Generation Islander*

*Imagine setting foot in history... The vision of the Old Military Road Trail Committee is to create a non-motorized, multi-use trail across the island, from English Camp to American Camp. The trail will celebrate and honor the historic Old Military Road by utilizing current trails, select conserved lands, lightly traveled roads and voluntary easements on private lands. Island Rec is excited to support the work of this 100% volunteer committee.*



**[www.oldmilitaryroadtrail.org](http://www.oldmilitaryroadtrail.org)**







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## **PLAY SOCCER THIS FALL!**

Sign up online@fridayharborfc.org

REGISTRATION RUNS JUNE 1-JULY 11



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*Island Rec provides advertising space in the Program Guide, when space is available, to organizations and individuals who provide recreational opportunities on San Juan Island. Island Rec does not sponsor or endorse these programs. Please contact the program provider directly for more information.*

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**ISLAND REC**

# Pickleball Tournament

**May 15: Beginner Doubles  
Mixed Doubles**

**May 16: Open Doubles  
Women's Doubles**

**\$20 Team Fee, Per Division**

**Day of Registration: \$25/Team**

**at Roche Harbor Resort**

**Play Starts at 9:00am**

**May 15 & 16  
2021**

For More Information or Registration  
[www.IslandRec.org](http://www.IslandRec.org)  
360-378-4953

